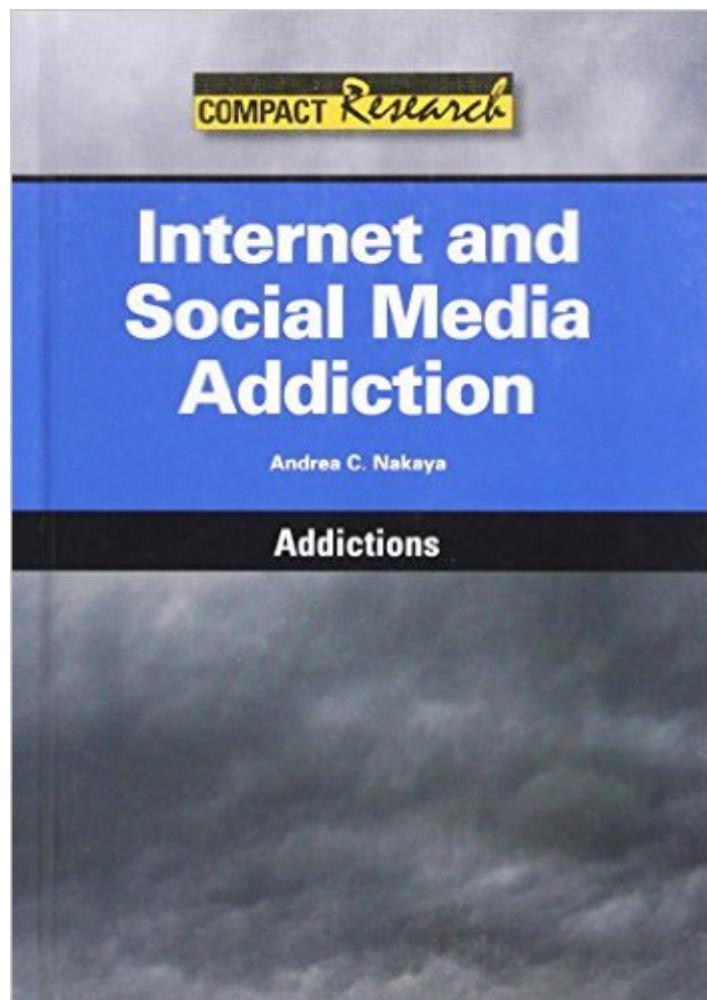


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# Internet And Social Media Addiction (Compact Research: Addictions)



## Synopsis

Researchers believe that between one and eight percent of people who use the Internet become addicted to it. Through objective overviews, primary sources, and full-color illustrations this title examines: Is Internet and Social Media Addiction a Serious Problem? What Causes Online Addiction? How Do Online Addictions Affect Health and Well-Being? and How Can People Overcome Internet and Social Media Addiction?

## Book Information

Series: Compact Research: Addictions

Hardcover: 96 pages

Publisher: Referencepoint Press (January 1, 2015)

Language: English

ISBN-10: 1601527608

ISBN-13: 978-1601527608

Product Dimensions: 9.3 x 6.7 x 0.5 inches

Shipping Weight: 14.9 ounces (View shipping rates and policies)

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